GUIDED MOUNTAIN HIKE



Take a hike - literally! Boot up and get beyond the Beltway with a scenic Shenandoah escape. Embark on a guided climbing exploration of rugged and rocky terrains and learn about the diverse flora and fauna you encounter along the way from master educators. Breathe in the fresh, mountain air and enjoy a panorama of hardwood forests and aweinspiring views. While moderately strenuous in places, this hike can be enjoyed by anyone in reasonably good physical condition.

- Meet an experienced guide in the morning and gear up for your adventure
- Spend the day outdoors, exploring the Shenandoah mountains
- Includes use of walking stick and day pack

Your Gift Locations* Frederick, MD

Availability

Year round, Monday to Friday

Duration

6 hours

Essential Information

Medical release forms must be completed by all participants; advance consultation will take place upon booking confirmation to customize hike to level of experience, from beginner to advanced

Numbers

Experience for 1 in a group of up to 8

