INDOOR ROCK CLIMBING



Break out of your comfort zone and go up against the wall with indoor rock climbing! Perfect for kids with little or no experience, these two dynamic courses will challenge you both physically and mentally as you learn the safety systems of belaying, basic knot tying, and basic climbing movement from an experienced instructor. An exciting alternative to a traditional workout, it's a fun way to stay fit, reduce stress, energize your spirit, and build self-confidence.

- Hands-on instruction on climbing in a state-of-the-art facility in two sessions
- Includes all required climbing gear (shoes, harness, belay device)
- Opportunity to develop the skills needed to climb independently

Your Gift Locations*

Everett and Newburyport, MA

Availability

Year round, Saturday and Sunday, 9 am

Duration

3 hours

Essential Information

Minimum age is 14 years old

Numbers

Experience for 1 in a group

