# HOT STONE MASSAGE



Feeling like you're caught between a rock and a hard place? Enjoy an exquisitely relaxing hot stone massage. Luxuriate in the restorative powers of spa therapy using the unique Native American massage technique of applying warm, smooth stones to release a soothing energy and enliven your spirit. If you're looking for a way to rejuvenate and revitalize, you owe yourself this experience of pure bliss!

- Arrive early and enjoy a leisurely shower or unwind in the relaxation room
- Feel your muscles unwind as knots are worked out with the smooth stones in gentle massage therapy session
- Bask in the penetrating warmth of the stones as they are strategically placed at key body points to improve the flow of energy

### Your Gift Locations\*

Convenient locations throughout the DC area

### **Availability**

Year round, varies by location Spa at Turf Valley, 7 days a week Serenity Day Spas, Sunday through Friday

### Duration

50 minutes

## **Essential Information**

Minimum age is 16 years old; massages not performed during first trimester of pregnancy; gratuities not included

### Numbers

Private experience for 1

