INTRO TO CAVING



Ready to journey to the center of the earth? Dig no further! Discover the challenges and thrills of spelunking. Descent into the darkness and explore the abstract natural wonders of the underground. Cross over chasms, clamber up walls, wriggle your way through tunnels and tight spaces - all the while experiencing the beauty of stalactites, stalagmites, flowstone, and more!

- Learn basic caving techniques under the guidance of an experienced explorer
- · Head off on an excursion specially designed to accommodate spelunkers of all ages and abilities
- Includes souvenir photos and safety equipment helmet, headlamp, harness, knee pads, etc.

Your Gift Locations* Shepherdstown, WV

Availability

Year round, first Saturday of each month

Duration

3 to 6 hours

Essential Information

Minimum age is 10 years old; participants should be in good health; waiver and medical history must be completed for for all participants (under 18 by parent)

Numbers

Experience for one, in a group of up to 10

