

INDOOR ROCK CLIMBING



Break out of your comfort zone and go up against the wall with indoor rock climbing! Perfect for those with little or no experience, this dynamic course will challenge you both physically and mentally as you learn the safety systems of belaying, basic knot tying, and basic climbing movement from an experienced instructor. An exciting alternative to a traditional workout, it's a fun way to stay fit, reduce stress, energize your spirit, and build self confidence.

- Hands-on instruction on climbing in a state-of-the-art facility
- Includes all required climbing gear (shoes, harness, belay device, and helmet)
- Opportunity to develop the skills needed to climb independently

Your Gift Locations*

Houston and League City, TX

Availability

Year round, every third Monday evening

Duration

2 hours

Essential Information

Minimum age is 4 years old; waiver must be completed for all participants (completed by parent or guardian for climbers under 18)

Numbers

Experience for 1 in group of up to 20



*GIFTS ARE REGIONALLY BASED. PLEASE VISIT WWW.EXCITATIONS.COM/REDEEM FOR THE LATEST LOCATION LISTINGS • ED01-12-4006-A