FLYING TRAPEZE FOR TWO



Get into the swing of things! Reach new heights with an introductory lesson in aerial arts. Take to the trapeze and learn the elements of flying from a professional trainer. Begin with the basics and work up to more challenging tricks – even try your hand at a release and catch! As your skills and confidence progress, learn to swing, sway, and enjoy this uplifting activity. All sessions are conducted with safety lines and a spotting belt to assure your safety at all times.

- Meet your trainer for an overview of the art of the flying trapeze
- Start slowly with a few warm-up swings on the practice bars in the training facility
- · Harness up, climb the platform outside, and make the leap
- Experience the thrill of flying through the air in a safe and friendly environment

Your Gift Locations* Escondido, CA

Availability Year round, Saturday through Monday

Duration

1.5 hour

Essential Information

Minimum age is 6 years old; parent/ guardian must be present for children under the age of 10; participants should be in general good health; waivers must be completed by all participants (by parent/guardian for those under 18)

Numbers

Experience for 2 in group of up to 6

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