

REFLEXOLOGY



Put your best foot forward! Reduce stress, alleviate pain, and increase immunity with a 1-hour reflexology session. Discover the power of an ancient healing technique that concentrates on various pressure points of the hands and feet to promote overall health and well-being. By stretching, pressing, and massaging specific points, your therapist will work to improve circulation, reduce tension, and relax your mind.

- Arrive early to unwind in the warm, welcoming massage center
- Work with a trained practitioner to identify specific stress points in your body
- Relax as your therapist applies pressure to your hands and feet
- Learn how these different pressure points impact your body head to toe
- Leave feeling relaxed, balanced, and a little bit lighter on your feet

Your Gift Locations*

Art of Touch Massage Center
Atlanta, GA

Availability

Year round, 7 days a week

Duration

60 minutes

Essential Information

Minimum age is 16 years old, gratuities not included

Numbers

Experience for 1



*GIFTS ARE REGIONALLY BASED. PLEASE VISIT WWW.EXCITATIONS.COM/REDEEM FOR THE LATEST LOCATION LISTINGS • ED01-08-3251-A