THAL MASSAGE



Thai one on! Sabai (relax) and find bliss with a restorative Thai massage. Originating in Asia over 2500 years ago, Thai massage is an ancient chi-adjustment technique that weaves yoga-like stretches with ancient Thai bodywork. Unlike a traditional massage, you keep your clothes on and your treatment takes place on a giant, cushy floor mat. A trained therapist will move and sculpt your body into a variety of pretzel-inspired positions while applying pressure to specific parts of your body. Each session is specially designed to promote flexibility and improve circulation while strengthening and soothing your spirit.

- Arrive early to unwind in the warm, welcoming massage center
- Loosen up and take your place, fully dressed, on a large floor cushion
- Relax as your body is stretched, rubbed, and moved in and out of a series of restorative poses
- Leave feeling energized and rejuvenated at the end of your 60-minute session

Your Gift Locations*

Art of Touch Therapeutic Massage Center: Atlanta, GA

Availability

Year round, 7 days a week

Duration

60 minutes

Essential Information

Minimum age is 16 years old; gratuity is not included

Numbers

Experience for 1

