

ICE CLIMBING



Ice, ice, baby! Like life on the rocks? Take it to the top with an introduction to ice climbing. Discover the excitement and adventure of this exhilarating winter sport. Learn the basics in a top-roping lesson from a licensed, certified instructor. Then, spend the afternoon practicing what you've learned climbing a frozen waterfall. Discover some of the best ice climbing in the northeastern region.

- Check in at base camp to meet your guide and gear up
- Learn ice climbing fundamentals such as tool placement and crampon footwork
- Put your skills to the test and climb on a frozen waterfall
- Enjoy the breathtaking views of Lake Placid and the surrounding mountains
- Includes all instruction, use of equipment, and lunch

Your Gift Locations*

Lake Placid, NY

Availability

January through March, 7 days a week

Duration

7 hours

Essential Information

Minimum age is 18 years old; participants must complete waivers

Numbers

Experience for 1 or 2 participants



*GIFTS ARE REGIONALLY BASED. PLEASE VISIT WWW.EXCITATIONS.COM/REDEEM FOR THE LATEST LOCATION LISTINGS • ED01-02-289-A