

## PRIVATE INTRO TO AERIAL FABRIC FOR TWO



It's a wrap! Climb to new heights and learn the ethereal art of aerial fabric. Team together and let a professional trainer show you the ropes, teaching you how to climb and perform basic techniques. Also known as tissu, aerial fabric involves using long strips of special silks to swing, sway, and suspend your body through the air. It's beautiful, breathtaking way to develop flexibility, upper body and core strength. Next stop, Cirque du'Soleil!

- Begin with an introduction to basic tissu principles and movements
- Warm-up with a series of stretches and conditioning exercises
- Practice climbing tissu and learn to perform a series of fundamental tricks
- Discover the hypnotic delight of swinging and spiraling through the air

### Your Gift Locations\*

Inglewood and Escondido, CA

### Availability

Year round, 7 days a week

### Duration

1 hour

### Essential Information

Minimum age is 6 years old; parent/guardian must be present for children under the age of 10; participants should be in general good health

### Numbers

Private experience for 2



\*GIFTS ARE REGIONALLY BASED. PLEASE VISIT [WWW.EXCITATIONS.COM/REDEEM](http://WWW.EXCITATIONS.COM/REDEEM) FOR THE LATEST LOCATION LISTINGS • ED01-07-2859-A