# PARENT/CHILD ROCK CLIMBING



Hurray for belay! Reaching new heights becomes a family affair with an exciting introduction to rock climbing. Spend the day learning the fundamentals from an experienced guide. Then put what you've learned in high gear, climbing faces together and finishing the day with an exhilarating rappel. Designed for 7 to 14 year-old kids and their parents, it's a great way to learn basic skills, build trust, and enjoy the great outdoors.

- Begin with a general introduction to rock climbing and safety
- Cover the basics that include knot tying, rope handling, and belaying techniques
- Gear up and get ready to spend the day climbing a variety of scenic routes
- Includes use of all climbing and safety equipment (harness, helmet, ropes, climbing shoes)

# Your Gift Locations\*

Inglewood, CA

# **Availability**

Year round, Saturdays per schedule

#### Duration

Full day, 8 am to 5 pm

# **Essential Information**

For ages 7 and up with an accompanying parent/guardian; all participants must complete waiver (by parent/guardian for those under under)

### Numbers

Experience for 2 in a group of up to 10

