

INTRO TO AERIAL FABRIC



It's a wrap! Climb to new heights and learn the ethereal art of aerial fabric. Team together and let a professional trainer show you the ropes, teaching you how to climb and perform basic techniques. Also known as tissu, aerial fabric involves using long strips of special silks to swing, sway, and suspend your body through the air. It's a beautiful, breathtaking way to develop flexibility, upper body and core strength. Next stop, Cirque du'Soleil!

- Begin with an introduction to basic tissu principles and movements
- Warm-up with a series of stretches and conditioning exercises
- Practice climbing tissu and learn to perform a series of fundamental tricks
- Discover the hypnotic delight of swinging and spiraling through the air

Your Gift Locations*

Boulder, CO

Availability

Year round, 7 days a week

Duration

1.5 hours

Essential Information

Minimum age is 10 years old; participants must sign a waiver form (by parent/guardian if under 18); parents must accompany minors

Numbers

Experience for up to 2 people



*GIFTS ARE REGIONALLY BASED. PLEASE VISIT WWW.EXCITATIONS.COM/REDEEM FOR THE LATEST LOCATION LISTINGS • ED01-10-2294-A