

CANYONEERING FOR ONE



Are you ready to rock? Grab hold of the ropes and experience the great outdoors with an awesome day of canyoneering under the direction of an experienced guide. Descend down waterfalls and explore cool canyons. More rigorous than hiking but less technical than mountaineering, canyoneering is a challenging climbing adventure with a healthy splash of swimming thrown in.

- Gear up and get ready with a general introduction to canyoneering
- Cover basic skills and techniques such as rope rigging and swift water swimming
- Spend the afternoon rappelling down canyons and plunging into mountain waters
- Includes use of helmet, wetsuit, daypack and all equipment
- No experience necessary

Your Gift Locations*

Forests in VA and WV, dependent on season and recent weather conditions

Availability

May through September, Monday to Friday

Essential Information

Minimum age is 8 years old; participants should be in good physical health and be strong swimmers

Duration

6 to 8 hours

Numbers

Experience for 1 in a group up to 4



*GIFTS ARE REGIONALLY BASED. PLEASE VISIT WWW.EXCITATIONS.COM/REDEEM FOR THE LATEST LOCATION LISTINGS • ED01-01-1741-A