INDOOR ROCK CLIMBING



Break out of your comfort zone and go up against the wall with indoor rock climbing! Perfect for people with little or no experience, this dynamic course will challenge you both physically and mentally as you learn to climb, rapell, and belay from an experienced instructor. An exciting alternative to a traditional workout, it's a fun way to stay fit, reduce stress, energize your spirit, and build self-confidence.

- · Begin with hands-on instruction in a state-of-the-art climbing facility
- Includes all required climbing gear (shoes, harness, belay device, and helmet)
- Enjoy the opportunity to develop the skills needed to climb independently
- Take home a commemorative t-shirt

Your Gift Locations* Suwanee, GA

Availability Year round, 7 days a week

Duration

1.5 hours plus all day climbing pass

Essential Information

Minimum age is 16 years old; release forms must be completed for all participants (by parent/guardian for climbers under 18)

Numbers

Experience for 1 in a group of up to 5