

## OUTDOOR ROCK CLIMBING



Step up to a natural adventure and rattle any notion that rock climbing is on the descent. Hook into a rock, crag, or boulder and develop fundamental skills and techniques for using harnesses, tying knots and belaying under expert instruction. Take the first step to vertical climbing with a top rope experience that is truly topnotch and learn how rock climbing can be habit forming to a fault!

- Enjoy the challenge to reach the top
- Push beyond your comfort zone in a safe environment and have fun, too
- Climbing shoes, harnesses, helmets, belay devices with locking carabiner and chalk bag provided
- Includes lunch

### Your Gift Locations\*

Lake Placid, NY

### Availability

May through October, 7 days a week

### Duration

7 hours

### Essential Information

Minimum age is 18 years old; release forms must be completed for all participants

### Numbers

Experience is for 2



\*GIFTS ARE REGIONALLY BASED. PLEASE VISIT [WWW.EXCITATIONS.COM/REDEEM](http://WWW.EXCITATIONS.COM/REDEEM) FOR THE LATEST LOCATION LISTINGS • ED01-02-148-A