

KAYAKING BASICS



Take a seat at the helm. Learn the fundamentals of kayaking with a basic introduction to an exciting and enjoyable water sport. Focus on flat-water skills and safety techniques for recreational paddling on calm waters. Learn simple paddle strokes and safety procedures from an experienced instructor. Build your confidence and leave feeling comfortable enough to continue kayaking on calm waters on your own.

- Meet your instructor and get outfitted the appropriate gear
- Begin with on-land instruction on how to enter and exit the cockpit and care for your kayak
- Work in the water with an experienced instructor practicing stroke techniques and boat control
- Take a short cruise around the estuary before heading back to the shore
- Includes equipment rental and instruction

Your Gift Locations*

Oakland, CA

Availability

Year round, most weekends

Duration

4 hours with 3 hours on water

Essential Information

Minimum age is 14 years old, under 18 must be accompanied by a parent/guardian

Numbers

Experience for 1 in a group of up to 6



*GIFTS ARE REGIONALLY BASED. PLEASE VISIT WWW.EXCITATIONS.COM/REDEEM FOR THE LATEST LOCATION LISTINGS • ED01-05-1330-A