## LEARN TO SAIL . 2 DAYS



Cast off! Get ready to explore your passion for the sea with this 2-day introductory sailing class. Discover the excitement of sailing as you drink in the fresh air. Demystify this adventurous sport as you batten down the basics including terminology, tacking, jibing, sail trim and understanding how to capture and harness the energy of the wind. By the end of the day 2, you'll be at the helm and ready to come about!

- Start out with an hour of classroom instruction
- Follow up with on-the-water instruction as you learn the basics of sailing
- Practice your new skills on the water in a Sonar 23 sailboat
- Instructors are Coast Guard Licensed Captains and/or are certified by US Sailing

Your Gift Locations\*

Norwalk, CT

Availability

May through October, 7 days a week

Duration

10 hours over 2 days

**Essential Information** 

Minimum age for this class is 18 years; medical and waiver form must be signed at time of the class

Numbers

Experience for 1 in a group of up to 3

