

## ASHIATSU ORIENTAL MASSAGE



Think you're a little knotty by nature? Soothe your spirit – and your aches and pains – with Ashiatsu Oriental Bar Therapy. Ashiatsu is an ancient form of bodywork that employs the pressure of your therapist's feet to push, pull, and pump various pressure points on your back to induce relaxation, relieve stress, and reduce pain. Stabilized by a bar from the ceiling, your therapist will massage you with his or her feet using a combination of Ashiatsu and Swedish techniques. Leave feeling calm, refreshed, and invigorated!

- Upon arrival to your spa oasis, change into a kimono and sandals
- Enter a private room and get comfortable on the massage table
- Unwind as your massage therapist delivers a 1 hour deep compression massage using his/her feet
- Conclude your experience with your choice of three different types of rejuvenating showers – steam, European, or rain
- Enjoy a selection of natural fruit juices and herbal teas before or after your treatment

### Your Gift Locations\*

Chicago, IL

### Availability

Year round, 7 days a week

### Duration

70 minutes

### Essential Information

Minimum age is 16 years old

### Numbers

One-on-one experience



\*GIFTS ARE REGIONALLY BASED. PLEASE VISIT [WWW.EXCITATIONS.COM/REDEEM](http://WWW.EXCITATIONS.COM/REDEEM) FOR THE LATEST LOCATION LISTINGS • ED01-04-1267-A