

# INTRO TO WHITEWATER KAYAKING FOR KIDS



Discover whitewater and the wonder, thrills, and challenges of whitewater kayaking! Learn paddling techniques, river features, and the concepts that connect them! The exciting two-day adventure begins with learning paddle strokes and basic edge control through games and fun instruction on one of the area's beautiful lakes. By the end of the course you'll be a confident paddler and will be conquering whitewater and showing off your river reading skills!

- A kayak and paddle selected for you and all the required gear will be provided
- No experience necessary - learn the fun of whitewater in a safe and scenic environment
- As the course progresses, your skills will accumulate and you may even be able to handle a roll
- Includes lunch, helmet, wetsuit, PFD, paddle and sprayskirt

## Your Gift Locations\*

White Lake, WI

## Availability

Scheduled dates in season

## Duration

2 days: approximately 14 hours over two days

## Essential Information

For ages 8 through 14; participants should be in good health and medical waivers must be completed; kayaks can be fitted to most participants

## Numbers

Experience for 1 with one instructor for every 4 kids



\*GIFTS ARE REGIONALLY BASED. PLEASE VISIT [WWW.EXCITATIONS.COM/REDEEM](http://WWW.EXCITATIONS.COM/REDEEM) FOR THE LATEST LOCATION LISTINGS • ED01-04-1088-A