

INTRO TO RIVER CANOEING



Take the bow! Discover the joy of paddling with a day of canoeing on the Chattahoochee River. Go with the flow and learn the essentials - including safety procedures, equipment handling, and paddle strokes - from an experienced instructor. The river flows at a tranquil pace, with the occasional rapid or two, providing a comfortable and picturesque setting for beginners.

- Meet your guide at the river and set up vehicle shuttle
- Get outfitted with a canoe and appropriate gear
- Learn about basic canoeing principles, equipment design and safety measures
- Launch off onto flatwater to practice simple strokes and water safety
- Break midday for a picnic lunch on land at Cochran Shoals
- Continue the day paddling downstream and practice boat control in easy rapids
- Experience includes souvenir water bottle and t-shirt
- No experience is necessary

Your Gift Locations*

Atlanta, GA

Availability

March through October, select Saturdays

Duration

7 to 8 hours

Essential Information

Minimum age is 9 years old; children under 13 must be accompanied by an adult participant; minimum weight is 250 pounds; waiver and release forms must be completed by all participants (by parent/guardian for those under 18)

Numbers

Experience for 2 in a group up to 15



*GIFTS ARE REGIONALLY BASED. PLEASE VISIT WWW.EXCITATIONS.COM/REDEEM FOR THE LATEST LOCATION LISTINGS • ED01-08-1072-A