## INTRO TO LOW FLYING TRAPEZE



Get into the swing of things! Reach new heights with an introductory lesson in aerial arts. Take to the trapeze and learn the elements of flying from a professional trainer. Begin with the basics and work up to more challenging tricks, such as lion in the tree, monkey, hip hang, and circling. Perfect for anyone wanting to get your feet off the ground. Dare, dance, swing and fly!

- Meet your trainer for an overview of the art of the flying trapeze
- Start slowly with a warm up on bars anywhere from 2 to 5 feet off the ground
- Experience the thrill of flying through the air in a safe and friendly environment

Your Gift Locations\* Boulder, CO

**Availability** 

Year round, 7 days a week

Duration

1.5 hours

## **Essential Information**

Minimum age is 10 years old; all participants must sign a waiver (by parent/ guardian if under 18); parents must accompany minors

## Numbers

Experience for up to 2 people

